



UK tel: +44 7713 628763
email: info@trekmountains.com
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ALTA VIA 1 NORTH

FINAL AVAILABILITY DUE TO A CANCELLATION

**2 PLACES AVAILABLE –
CAN ONLY BE SOLD AS A 2-PERSON BOOKING**

ONLY AVAILABLE ON THESE DATES: 20-26 JULY 2026 (7 DAYS)

PRIVATE ROOMS FOR 2 PEOPLE THROUGHOUT THE TRIP

The Alta Via 1 sold out months ago, but we have received a cancellation from a couple who booked many months ago. We were able to book them private rooms in the very best rifugi with the optimum staging on the Alta Via 1. We can now offer these rooms to you.

Please find our quotation on the next page for a bespoke version of the wonderful Alta Via 1 North trek.

Full details about this trip can be found in the itinerary which is based on our standard 8-day Alta Via 1 North. <https://www.trekmountains.com/storage/2025/11/itinerary-italy-alta-via-1-all-options.pdf>
The 7-day bespoke itinerary we can offer you is shown on the next page of this quotation.

If you have any questions at all, please don't hesitate to get in touch – we have walked these paths regularly over the past 16 years, so we know the routes and the rifugi intimately.



Sunrise from high up in the Dolomites



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Alta Via 1 Dolomites:

The **Alta Via 1** is the flagship hut-to-hut trek in the Dolomites, and as such, it is very popular and gets fully booked out each summer.

The rifugi used for this itinerary are high quality.

- **Alta Via 1 North bespoke (7 days total)**

Alta Via 1 North Itinerary (AV1 Option B)				
Day	Date	Activities:	Meals included	Accommodation
1	20/7/2026	Arrive Cortina, overnight hotel		4* Hotel, Cortina area
2	21/7/2026	Bus to Dobbiaco, trek from Lago di Braies into the Fanes-Sennes Nature Park	Breakfast (Dinner available from rifugio on an a la carte basis, payable locally)	Rifugio Sennes, private room for 2
3	22/7/2026	Continue trekking to the heart of the Fanes-Sennes Nature Park	Breakfast, dinner	Rifugio Lavarella, private room for 2
4	23/7/2026	Trek to Lagazuoi area	Breakfast, dinner	Rifugio Lagazuoi, private room for 2
5	24/7/2026	Trek to Mt Nuvolau / Cinque Torri outdoor WW1 museum area	Breakfast, dinner	Rifugio Scoiattoli, private room for 2
6	25/7/2026	Trek to Cortina	Breakfast	4* Hotel, Cortina area
7	26/7/2026	Travel day	Breakfast	
Alta Via 1 North (AV1 Option B - bespoke): Quotation				
Self-guided:		Price per person bespoke trek based on 2 participants:		€1295 euros
Peak season hotel supplement: This supplement is charged by the Cortina hotels in the peak season of July and August. (Price shown is per person per trip)				€100 euros





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What's included:

- ✓ Hotel accommodation for first and last night of the trip in en-suite rooms double or twin, inclusive of breakfast as per the itinerary.
- ✓ **Mountain accommodation during the trek is in private rooms at no extra cost to yourself. In almost all cases, beds are bunk beds (singles).**
- ✓ Meals as indicated in the bespoke itinerary in this quotation.
- ✓ Detailed, original 1:25,000 maps with the route highlighted on them.
- ✓ GPX files on request to use on your preferred mapping software.
- ✓ Detailed walk instructions.
- ✓ Survival Italian Language Guide.

Not Included:

- × International flights.
- × Travel between airport and trip start/end points.
- × Bus fare between accommodation in Cortina d'Ampezzo area and the start & end of the trail.
- × Meals not specified in the itinerary on this quotation as being included.
- × Items of a personal nature such as drinks, laundry, telephone calls and souvenirs.
- × Spending money for meals / drinking water / drinks / showers in rifugi / saunas.
- × Tourist taxes – charged in some accommodation, typically between 1.50 and 4 euros per person per night.
- × Travel Insurance.

Hut-to-hut baggage transfers


Baggage transfers are not available for our Dolomites treks due to the remote nature of the mountain huts. Those huts which do have road access are not usually the most interesting huts to stay at as they miss out on the experience of staying in the mountains.


As all your warm bedding and food is provided by the mountain huts, the only things you need to carry in addition to the things you would normally carry for a day hike are a sheet sleeping bag liner, a few small toiletries and a change of clothes (You can wash out your trekking clothes each afternoon on arrival at the rifugi).





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What are the benefits of booking your holiday with trekMountains?

 We are Dolomites experts - we've led the way in organizing treks in the Dolomites since 2010, and we're constantly extending our range of treks to this exciting region to suit a wide range of customer requirements.


 The treks we offer are very good value. Ann Foulkes, owner of trekMountains and International Mountain Leader, will personally deal with your booking, and she will hand-pick lovely accommodation for you based on your preferences.


 **Accommodation bookings:** All rifugi open their diaries on different dates to take bookings for the following summer. Some rifugi are already filling up, others won't open their diaries for some weeks yet, or even until after the New Year. We keep track of when each of the rifugi start to accept bookings, and as tour operators we get a head start on being able to get you booked in. The Dolomites are becoming understandably more popular, and these huts will become fully booked!
We will book all the accommodation for you, saving you from the difficult task of trying to book a whole string of different accommodation providers on consecutive nights, and saving you from having to send booking fees off to each one in euros.


 **Travel to and from the trek:** All clients who book with us also benefit from our 16 years of experience navigating through the public transport options to and from your trek. We'll save you hours of time trying to find which bus company / coach company / train company you need. We know which timetable you need and when each company releases their timetables. We'll provide you with all the timetables and links you need to make your journey a breeze.


 We personally walk in the Dolomites every year to keep ourselves up to date with path changes. Since 2010 we have built up excellent relationship with the accommodation providers and transfer companies in the Dolomites.

 We ensure that the staging of your hike is well-proportioned based on our extensive personal knowledge of the path options in the area.

 The pre-trek information we will send you is well-researched and very detailed. We will post you maps marked with your bespoke route highlighted, along with comprehensive route directions, route options for easier paths or if bad weather strikes, travel information including transport timetables, and even advice on how best to get to/from your chosen airport. GPX files can be provided if you want them.

 You will have expert help available for any unexpected problem (this is an adventure holiday, so the unexpected does sometimes happen!). We are responsive and professional – we take pride in ensuring you have the best walking holiday possible.

 Feedback from our clients has always been that their holiday was thoroughly enjoyable and value for money. You can see the reviews we have received at <https://www.trekmountains.com/about-us/reviews/>

 Here at trekMountains, our policy has always been to book private rooms for all bookings for 2 or more people, wherever those rooms are available. We do this at no extra cost to yourself.



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Reviews

What our clients say about us

We treat every trip on an individual basis, and we are always contactable - you won't be on hold trying to speak to a faceless organisation. We're here to make sure you have a great, safe holiday.

Because of this, we have lots of repeat bookings, and many people find us from recommendations from our previous clients – see the reviews our lovely clients have left for us at <https://www.trekmountains.com/about-us/reviews/>.

"Hello Ann,

“

Mary Ellen and I had a fantastic time in the Dolomites. Your arrangements, directions, recommendations and maps were “spot on!” The weather was to be expected in the mountains: sun, rain, snow, clouds. We had it all. The refugios you selected and the accommodations were perfect. Food was good and the beer cold! Even the basic house red wine was good.

The amount of time on the trails between the refugios was just right. The Dolomite scenery was spectacular.

We would give you and trekMountains 6 out of 5 stars! I think the highest you can get is 5, but we would give you 6!

We look forward to coming back to the Dolomites and we will contact you. We have given your contact info to a few of our friends. Thanks”

”

Harold Mullins, USA, self-guided Dolomites hut trek.

“

This was by far and away the best family holiday we've ever done - and probably the best holiday Kath and I have had together. The trek itself was exciting, challenging, completely absorbing, varied and great fun, while the landscape just blew us away - stunning, dramatic, varied scenery - Kath and I both found ourselves wondering whether it was real, or were we just watching it all on some giant IMAX screen! We've trekked in the Cordillera Huayhuash, the Langtang Valley, the most remote parts of the Scottish Highlands and the Drakensburg, and none of them begin to compare to the Dolomites.

”

So I'm very glad I found trekmountains in my google searching, and I'm very glad you called me to follow it up. We're going to be boring friends and relatives with our stories and photos for a long time to come! I'd also say that the organisation - notes, maps, rifugio bookings, hotels etc were all brilliant.!

Paul Weeks, Dolomites Alta Via self-guided trek, 2025

Check out what our other clients have said at <http://www.trekmountains.com/about-us/reviews/>



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Availability:

This trip is only available on the dates 20 – 26 July 2026. The accommodation is already booked.

No fixed transport arrangements should be made until you have received an email from trekMountains which states the dates that your trip is guaranteed to run.

- Quotation valid for 15 days from the date on this document for treks in 2026.
- All prices quoted are PER PERSON in **EUROS**.
- Booking conditions can be found online at <http://trekmountains.com/how-to-book/>

How to book: EUROS

Step 1: Each participant needs to complete an online booking form at <http://trekmountains.com/how-to-book/>

Step 2: Pay a deposit of €400 per person by card or bank transfer as shown below:

- a. **To pay the deposit by debit or credit card:**
 - b. Use this link: <https://www.wetravel.com/trips/dolomites-deposit-400-trekmountains-92086505>
 - c. Simply adjust the quantity to show the number of people you are paying for.
 - d. The correct amount will automatically be deducted from your card in euros. (€400 per person plus card fees).
- **To pay the deposit by bank transfer:**
 - a. **Use the bank details below for your payment in Euros.**
 - b. Please ensure the costs of all currency and transfer costs are met by yourself.
 - c. For international transfers, we strongly recommend using wise.com (formerly known as transferwise.com) which many of our international clients find is a cost-effective and transparent and easy way to transfer currency, and much cheaper than the traditional banks.

trekMountains € EURO bank details are:

Bank name:	HSBC		
Account name:	trekMountains (some banks match it as Ann Patricia Foulkes / trekMountains)		
Account number:	76875809	Sort code:	401276
IBAN number:	GB49HBUK40127676875809	Swift /BIC code:	HBUKGB4B
Bank address:	HSBC, Market Square Penrith CA11 7SN United Kingdom		

Please don't hesitate to contact me if you have any questions about this quotation.

Many thanks for your enquiry – it means a lot to us.

Ann Foulkes